**2020 Rally for Medical Research National Day of Action**

**Sample Social Media Posts**

# Sample Tweets

**On Twitter, please use the hashtag #RallyMedRes and, if there is space, #FundNIH**.   
Below are sample tweets to consider:

* Dear [@CongressMember], please invest in the NIH for the health & economic security of our nation. RallyForMedicalResearch.org #RallyMedRes #FundNIH
* Research means hope! Join #RallyMedRes from anywhere in the US by participating in the National Day of Action at Rallyformedicalresearch.org
* Thanks [@CongressMember] for your commitment to medical research! Grateful to have your support for @NIH funding. #RallyMedRes #FundNIH
* #NIH research is the basis for countless treatments, therapies, and cures. Sustained, predictable funding growth ensures that we can continue to provide hope for millions of patients battling life-threatening and chronic conditions. #RallyMedRes #FundNIH
* Today’s science could lead to a breakthrough treatment for a chronic or life-threatening condition that affects millions. To deliver on that promise we need sustained, predictable funding for #NIH. #RallyMedRes #FundNIH
* Research funded by @NIH is essential to developing treatments and vaccines for #COVID-19 as well as finding cures for hundreds of other diseases. Please support NIH funding in FY21 and the next emergency supplemental. #RallyMedRes #FundNIH

# Sample Facebook Posts

We encourage you to post to your own Facebook pages and to the pages of members of Congress. When adding a link to your post, please delete the URL’s text from the post once Facebook automatically adds a link preview.

* I am someone/I have a loved one who is affected by [Disease or Condition]. That’s why federal support of medical research is so important to me. Congress should invest in the NIH for the health and economic security of our nation, so join me and @[Organization Facebook Profile] in taking action today. <https://rallyformedicalresearch.org>
* Research funded by the NIH is the cornerstone of new advances against the toughest diseases we face, and it fuels jobs and economic growth across the United States. Tell Congress: Medical research should be a top priority. <https://rallyformedicalresearch.org>
* Medical research is important to me because [Personal Reason]. That’s why I’m joining the @[Organization Facebook Profile] to rally for medical research and urge Congress invest in the NIH! Add your voice at the link below! <https://rallyformedicalresearch.org>