Grassroots Toolkit

Table of Contents

FAQs ......................................................................................................................................................... 2
Suggested Timeline for Coordinated Action............................................................................................. 4
Key Messages ............................................................................................................................................... 4
Additional Background ............................................................................................................................. 6
Sample Action Alert Email/Letter ........................................................................................................... 7
Sample Tweets .......................................................................................................................................... 9
Sample Facebook Posts .......................................................................................................................... 10
#IRallyFor Selfie Campaign .................................................................................................................. 11
Sample Text Messages ............................................................................................................................ 11
Sample Letter to the Editor ...................................................................................................................... 12
Sample Op-Ed .......................................................................................................................................... 13
Sample Press Release .............................................................................................................................. 16
FAQs

What is the Rally for Medical Research Hill Day and who is participating?
The 10th Annual Rally for Medical Research Hill Day will be held on Wednesday, September 14, 2022, in Washington, DC. More than 350 national organizations and institutions are supporting this event and will have advocates participating in meetings with congressional offices and/or engaging in grassroots activities. The Hill Day will unite advocates from across the country and across the medical research advocacy community to urge Congress to continue to make funding for the National Institutes of Health (NIH) a national priority and to thank members of Congress for their extraordinary support for the NIH over the last seven years. This effort will raise awareness about the critical need for robust, sustained, and predictable funding increases for the NIH in Fiscal Year (FY) 2023 and beyond to improve health, spur more progress, inspire more hope and save more lives.

This year is particularly poignant because we are returning to an in-person Hill Day for the first time since 2019 due to the COVID-19 pandemic. Our return to an in-person Hill Day would never have been possible without the NIH research that led to the rapid development of tests, vaccines, and treatments. In addition, each person who is participating in the Rally – whether in-person or during the Day of Action – has their own story about how medical research has made a difference in their lives.

We encourage those who cannot participate in the meetings on Capitol Hill to use an action alert and other grassroots resources that will be posted on the Rally website at http://rallyformedicalresearch.org. September 14 will be a grassroots “National Day of Action” during which advocates will be encouraged to contact
their members of Congress via email or social media to urge support for NIH funding.

**What is the goal of the event?**
The goal of the Rally for Medical Research Hill Day is to speak with a unified voice to House and Senate offices on Capitol Hill about the importance of investing in the NIH to improve the health and economic security of our nation.

**What is the role of the grassroots networks?**
Networks of patients, scientists, survivors, clinicians, students, and other advocates across the country will play a key role in the success and reach of the Hill Day. Given the millions of Americans who are represented through the participating organizations, the effort presents a tremendous opportunity to send a powerful, coordinated message to Capitol Hill.

We encourage organizations from across the medical research advocacy community to engage their grassroots networks on September 14 in a “National Day of Action.” Participating organizations will be provided with a simple, customizable, action-oriented message that can be sent to their members and volunteers. Advocates will be asked to take specific actions on September 14 such as:

- Send an email to congressional offices
- Tweet at members of Congress with a message or post on the member’s Facebook page
- Write letters to the editor and place op-eds in newspapers across the country in September
Suggested Timeline for Coordinated Action

- **Today:** Tell your network about the National Day of Action with links to online tools and tips, including the Rally website.
- **Sept. 13:** Remind your networks again to take action on Wed., Sept. 14.
- **Sept. 14:** National Day of Action coinciding with the Rally for Medical Research Hill Day.

Key Messages

- **Now is the time for Congress to Work Together to Support the National Institutes of Health (NIH).** **Invest in Medical Research!**

  - Thank members of Congress for providing NIH with an increase of $14.9 billion over the last seven years, or 49 percent, including an increase of $2 billion in FY 2022. We are grateful for Congress’ sustained efforts to make funding medical research a national priority, and we ask to continue this momentum in FY 2023.

  - Urge Congress to provide the NIH base budget with at least $49 billion, a $4.1 billion increase in FY 2023. This funding is essential to support the opportunities for life-saving medical research that we have today and maintain momentum from previous investments.

  - Urge House and Senate leadership to complete work on the FY 2023 spending bills as quickly as possible to avoid the delays and disruptions caused by continuing resolutions.
NIH funding is important to improving the health of patients across the world, advancing scientific discoveries, developing new treatments and cures, and to strengthening of our national, regional, and local economies.

- Medical research funded through the NIH, the largest source of public funding for medical research in the world, has been a driving force behind many decades of advances that have improved the health of people in every state and community, providing cures and hope for patients and caregivers.

  Thanks in large part to NIH-funded research, Americans are longer, healthier lives. These investments have led to medical discoveries, improved health outcomes, reduced health disparities, and alleviated suffering.

- NIH funding contributed to every one of the 356 new drugs approved by the Food and Drug Administration (FDA) between 2010 and 2019, including 126 first-in-class products to treat a wide range of diseases.

- Investment in medical research can reduce future costs of care. The vast majority of our health care dollars are spent on treating chronic diseases that could be managed more effectively with better therapies or, in some cases, prevented altogether. We can meet these challenges head-on, but to do so, medical research must be a strong national priority.
• The funding provided to the NIH does more than just save lives – it fuels the U.S. economy and creates jobs in our communities. In FY 2021, research funded by the NIH supported nearly 552,444 jobs and more than $94 billion in economic activity across the U.S, supporting researchers, labs, hospitals and universities, and businesses large and small.

Additional Background on FY 2023

• On June 30, the House Appropriations Committee passed its Labor, Health and Human Services, Education, and Related Agencies (LHHS) appropriations bill that would provide $47.5 billion for NIH base funding, an increase of $2.5 billion.

• On July 28, the Senate Appropriations Committee released its LHHS appropriations bill that would provide $47 billion in base funding for the NIH, an increase of $2 billion.
Sample Action Alert Email/Letter

Dear Senator/Representative [Last Name]:

I applaud you and your colleagues in Congress for working in a bipartisan fashion to provide strong funding increases for the National Institutes of Health (NIH) over the last seven years, including an increase of $2 billion in Fiscal Year (FY) 2022. I am writing to respectfully request that you continue the momentum of robust, sustained and predictable funding growth by supporting a FY 2023 spending bill that provides at least a $4.1 billion increase in funding for the NIH, for a total funding level of $49 billion. I also ask that you urge House and Senate leadership to complete work on the FY 2023 spending bill as quickly as possible to avoid the delays and disruptions caused by continuing resolutions.

NIH-funded research means hope for millions of Americans and their families who are affected by hundreds of diseases. Robust, predictable, and sustained funding for NIH is an investment necessary to pursue our nation’s commitment to lifesaving treatments and sustain our nation’s global leadership in medical research.

Investments in NIH also spur economic growth in communities across the medical research enterprise and across the nation by supporting jobs in universities, medical schools, drug manufacturers, and the thousands of businesses large and small that support them. In FY 2021 alone, NIH research contributed to more than $94 billion in new economic activity and more than 550,000 jobs.
We live in an extraordinary time when the scientific opportunities are limitless and our ability to translate new knowledge to both save and improve the quality of life of patients is simply astounding. In fact, we have never been better positioned to seize the unprecedented opportunities to bring hope to millions of patients and their loved ones everywhere.

On behalf of the millions of patients, survivors, and their loved ones, I call upon you and your colleagues to work in a bipartisan manner to support an increase of $4.1 billion in NIH funding for FY 2023.

Thank you for considering my views.

Sincerely,

[Your Name]
Sample Tweets

On Twitter, please use the hashtag #RallyMedRes and #FundNIH. Remember, these tweets are helpful to not only mobilize your network and promote the Rally, but tweets can also gain the attention of policymakers as they see their Twitter handles appear in our tweets.

Download a corresponding social graphic:

Below are sample tweets to consider:

- Dear [@CongressMember], please invest in the NIH for the health & economic security of our nation. RallyForMedicalResearch.org #RallyMedRes #FundNIH
- Research means hope! Join the 10th Annual #RallyMedRes from anywhere in the US by participating in the National Day of Action at Rallyformedicalresearch.org
- Thanks [@CongressMember] for your commitment to medical research! Grateful to have your support for @NIH funding. #RallyMedRes #FundNIH
- #NIH research is the basis for countless treatments, therapies, and cures. Sustained, predictable funding growth ensures that we can continue to provide hope for millions of patients battling life-threatening and chronic conditions. #RallyMedRes #FundNIH
- Today’s science could lead to a breakthrough treatment for a chronic or life-threatening condition that affects millions. To deliver on that promise we need sustained, predictable funding for #NIH. #RallyMedRes #FundNIH
Sample Facebook Posts

We encourage you to post to your own Facebook pages and to the pages of members of Congress. When adding a link to your post, please delete the URL’s text from the post once Facebook automatically adds a link preview.

- I am someone/I have a loved one who is affected by [Disease or Condition]. That’s why federal support of medical research is so important to me. Congress should invest in the NIH for the health and economic security of our nation, so join me and @[Organization Facebook Profile] in taking action today. https://rallyformedicalresearch.org

- Research funded by the NIH is the cornerstone of new advances against the toughest diseases we face, and it fuels jobs and economic growth across the United States. Tell Congress: Medical research should be a top priority. https://rallyformedicalresearch.org

- Medical research is important to me because [Personal Reason]. That’s why I’m joining the @[Organization Facebook Profile] to rally for medical research and urge Congress invest in the NIH! Add your voice at the link below! https://rallyformedicalresearch.org
#IRallyFor Selfie Campaign

Participants in the Rally Hill Day as well as those participating in the Day of Action are encouraged to post a selfie to social media platforms (particularly Facebook and Twitter) that reads “#IRallyfor ____” to promote their personal connection to the Rally for Medical Research. Click here to download and print your own #IRallyFor sign!

Sample Text Messages

If your organization has the capability to send text alerts to your network of advocates, you may wish to use a message similar to these:

- Tell Congress that medical research should be a national priority. It only takes a minute! https://rallyformedicalresearch.org
- Let your member of Congress know that medical research is important to you! Reach out to them here: https://rallyformedicalresearch.org [you may wish to insert the link to your own engagement page instead]
Sample Letter to the Editor

[DATE]
To the Editor:

First way to start the letter: I want to thank Rep [Last Name] and/or Senator [Last Name] for his/her continued and strong support for medical research funding.

A second way to start the letter: As Congress continues to work on many challenging issues, I urge Representative [Last Name] and Senators [Last Name] to support robust funding growth for the National Institutes of Health.

Body of the text: NIH research funding is an investment in our country’s future. The funds are used to support the development of treatments and cures for a wide range of diseases and conditions. In addition, it supports talented scientists in every state—including this one—who every day are working to discover critical medical breakthroughs.

Insert: Personal story

Robust, sustained, and predictable funding for NIH is critical if the agency is to continue to serve as the world’s preeminent medical research institution and our best hope for finding cures, improving treatments, and gaining a better understanding of the complex causes of diseases that affect millions of Americans. The agency supports research that is too expensive and risky for private industry to undertake alone but has led to major advancements in our

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1 Adapted from a sample Letter to the Editor created by the Coalition for the Life Sciences and available at www.coalitionforlifesciences.org
understanding of rare diseases and disorders, as well as historically prevalent diseases like Alzheimer's, cancer, and Parkinson's.

I will be watching for our congressional delegation's leadership on this issue.
Op-Ed: Medical Research Should be Top Priority for Congress

Federal funding for medical research, coupled with private-sector innovation, has revolutionized medicine in this country and throughout the world. HIV is no longer a death sentence, polio has been virtually eradicated, and we now have vaccines and antivirals that reduce hospitalizations from the COVID-19, the flu, and other dangerous infections. New therapies are saving the lives of patients with cancers that were once thought untreatable.

[Insert Personal Story]

There’s no question that a strong investment in medical research reaps significant benefits for patients and future generations. Over the last seven years, Congress has made medical research a priority by increasing funding for the National Institutes of Health (NIH) by $14.9 billion, or 49 percent. While these boosts are welcome and should be applauded, ongoing robust, sustained, and predictable funding is required to ensure that progress continues.

This isn’t just a health issue; it’s also an economic one. In FY 2021 alone, NIH research contributed to over $94 billion in new economic activity and supported 552,444 jobs. Continued, strong investment in the NIH is vital to supporting jobs at research universities, medical schools and independent research institutes, as well as in the device, drug and biologics industries, and the thousands of

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2 Adapted from a sample Op-ed developed by Research!America and available at www.SaveResearch.org
businesses large and small that support our nation’s research enterprise. [Insert examples]

Medical research is fundamental to our health and economic prosperity. We need a strong commitment from Congress to make NIH funding a national priority. Only with this commitment can we strengthen our research infrastructure and eliminate current and emerging health threats.
Sample Press Release

For Immediate Release

For media inquiries, contact [Name] at [Email] or [Phone].

[Fill in organization here] Joins Rally for Medical Research Hill Day to Advocate for NIH Funding

Annual event brings more than ___ organizations together to improve health, inspire hope, and save lives

[City, State]— [Fill in organization here] will be one of more than 350 organizations participating in the tenth annual Rally for Medical Research Hill Day in Washington, DC on September 14 in support of robust, sustained, and predictable annual funding increases for the National Institutes of Health (NIH).

Hill Day participants will urge members of Congress to continue their steadfast support for NIH by providing the agency with at least $49 billion for its base program budget in fiscal year (FY) 2023.

[Organization’s expert/leadership quote]

On September 13, the Rally for Medical Research reception will feature remarks from NIH leaders and congressional champions of medical research.
On September 14, more than ___ scientists, health professionals, and patient advocates from nearly every state will meet with House and Senate members and their staff to emphasize the importance and impact of investing in NIH:

- 95 percent of the NIH budget goes directly to research awards, programs, and centers; training programs; and research and development contracts. [https://www.nih.gov/about-nih/what-we-do/budget](https://www.nih.gov/about-nih/what-we-do/budget)

- Each year, NIH awards more than 50,000 research and training grants. These grants support approximately 300,000 researchers at more than 2,500 universities and organizations in every state.

- NIH-funded research contributed to every one of the 356 new drugs approved by the U.S. Food and Drug Administration between 2010 and 2019.

- In FY2021, research funded by NIH supported more than 552,000 jobs and more than $94 billion in economic activity across the U.S.

In conjunction with the Hill Day, advocates across the country will participate in the Rally National Day of Action. Partner organizations will encourage their communities to contact their members of Congress via phone, email, and social media to urge their support for a $4.1 billion increase for NIH in FY2023.

The Rally for Medical Research initiative was launched in April 2013 to bring together the entire medical research community to urge Congress to make NIH funding a national priority. Through the annual Hill Day, the Rally for Medical Research continues to raise awareness about the critical need for continued investment in NIH to improve health, spur progress, inspire hope, and save lives.

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